

2023-2024 Confirmation Preparation Requirements

I. Confirmation Name & Sponsor Selection

We will send you an electronic form in Fall 2023 for you to indicate your child's chosen Confirmation name and sponsor.

- *Below are the Church's Canon Law guidelines for selecting a sponsor:*
 1. Must be an *active Catholic* who is a registered parishioner at a Church and attends Mass regularly each week.
 2. Must have received all the Sacraments of Initiation (Baptism, Eucharist & Confirmation).
 3. Must be 16 years of age or older.
 4. Must not be one of the Confirmation Candidates' parents or stepparents.
- **Note:** The Confirmation name selected *must be a saint's name*.

Deadline for completion of Confirmation Name & Sponsor Selection Form: December 15, 2023

Once we receive the completed form with the chosen sponsor information, we will email the sponsor the Confirmation Sponsor Certificate Form. The sponsor must fill out the top portion of the form and have the bottom portion completed and signed off by his or her priest.

Please Note: It is the *sponsor's responsibility* to arrange to meet with their priest to obtain this signature.

Deadline for Confirmation Sponsor certificate Form: March 8, 2024

II. Confirmation Essay

Write a ONE PAGE essay (double spaced, 12 font) on ONE of the following:

- Why do you want to be confirmed and what are some things you plan to do following your sacrament to model Jesus?
- Discuss a time in your life when you felt close to God. What was the situation and how did it make you feel?
- Who has been a model to you in your faith life and why?

Deadline for Essay: February 23, 2024, send via email to Laura Balogh, lbalogh@ndcarmel.com

III. Confirmation Service

As part of your Confirmation formation, your child will need to complete service hours and there are two (2) categories of service required: Community service hours and “Spirit” hours.

Each teen is required to contribute 6 hours in each area of service over the course of the year they are preparing for Confirmation (Summer 2023-April 2024).

- **Community service** work is in line with the *Corporal Works of Mercy* (see link below), which is in line with Jesus’ teaching, and includes feeding the hungry, giving drink to the thirsty and sheltering the homeless. <https://www.usccb.org/beliefs-and-teachings/how-we-teach/new-evangelization/jubilee-of-mercy/the-corporal-works-of-mercy>
 - **Note:** Your child can fulfill Community service hours working *individually*, as a *family* and *in groups* with other Confirmation candidates.
- **“Spirit” service:** these hours are based on the *Catholic Spiritual Works of Mercy* (see link below) and were designed by Jesus to help others in their spiritual needs. Ideas include helping others in their faith, by taking a mission trip or assisting younger children in their own formation. Actively engaging in Mass each weekend is an important component as well.

<https://www.usccb.org/beliefs-and-teachings/how-we-teach/new-evangelization/jubilee-of-mercy/the-spiritual-works-of-mercy>

Deadline for all Service completion is April 15, 2024.

Note: Over the course of the year, please notify Laura Balogh *via email* at lbalogh@ndcarmel.com with the details about how you have fulfilled your requirement, i.e., dates, cause, location, details about the service work completed.

Community Service Hours (6)	“Spirit” Hours (6)
<p>Community Garden: Work together in a community garden and donate the produce grown to a local soup kitchen.</p> <p>Stoneybrook Community Garden in Hanover Township: https://www.hanovertownship.com/facilities/facility/details/Stoney-Brook-Community-Farm-Garden-7</p> <p>Contact Bob Hinck: rhinck1111@aol.com</p>	<p>Provide service at Mass on the weekends:</p> <ul style="list-style-type: none">● Sing or play a musical instrument*● Lectoring*● Altar service*● Assisting with livestream at 5 pm Saturday Vigil Mass*● “Fire Squad”: Altar Servers volunteer in pairs to be in charge of the incense at Mass (<i>training will be provided</i>)* <p>Contact Laura Balogh: lbalogh@ndcarmel.com</p>

<p>Serve a meal at a Soup Kitchen or shelter as a family and/or with your table group in Confirmation Prep</p> <p>Spring Street Community Development Organization in Morristown: https://www.springstreetcdc.org/</p>	<p>Youth Choir*: Participate in Youth Choir and/or Praise & Worship Events with Youth Minister on dates, TBD</p> <p>Contact our Youth Minister Q Furnald: gfurnald@ndcarmel.com</p>
<p>(remove this??) Help out with seasonal service opportunities in parish: Thanksgiving Turkey Drive, Angel Tree Outreach at Christmas and/or Easter Ham Drive</p>	<p>Go to Eucharistic Adoration together as a family on Friday afternoons or at another parish.</p>
<p>Tutoring: Help to tutor other children SOAR Program https://mysoartutoring.com/</p>	<p>Attend a Funeral Mass of a non-family member</p>
<p>Clean up a Park together as a family</p>	<p>Visit a cemetery: pray and clean up gravesite, bring flowers</p>
	<p>Visit an Elderly, Sick or Lonely Member of our Community</p>

- **Note:** Service provided at our Masses, i.e., lectoring, altar serving, livestream and Choir *will necessitate commitment to the ministry* over the course of the faith year.