

*Notre Dame of Mt. Carmel*

CEDAR KNOLLS, NJ

## MARRIAGE MINISTRY WINTER RETREAT



### “MARRIAGE: THE GREAT ADVENTURE”

#### *Boundaries, Balance & Blessings!*

Marriage is an *adventure*, one that is often riddled with some sharp turns and pot holes! During our retreat, we will define what it means to have healthy boundaries in our relationships. We will provide practical suggestions for maintaining harmony in an often “out of balance” journey. Participants also will leave with a keener awareness of God’s blessings in our marriages, and ways to help ensure they last.

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**SATURDAY FEBRUARY 10, 2018 8:30am – 12pm**

*8:30- 9am Light breakfast; 9am- 12pm, Program with speaker; 12:10 mass (optional)*

*Join us for this special retreat with other couples (singles are also welcomed)!*

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**Speaker: Roseanna Zoubek, LCSW, MSW, MN**

*Roseanna is a seasoned marital therapist with over 30 years of experience working with couples. She also has trained extensively with the most notable experts in the field. Roseanna is known as an engaging, witty and intelligent presenter. She & her husband John will celebrate their 50<sup>th</sup> anniversary later this year!*



Register online at [www.ndcarmel.com](http://www.ndcarmel.com).  
If you have any questions, please contact Debby Kispert  
at [dkispertmsrd@aol.com](mailto:dkispertmsrd@aol.com) or 973-945-0456.