

*Notre Dame of Mt. Carmel*

CEDAR KNOLLS, NJ

**FOLLOW ME  
FAITH-SHARING GROUP SCHEDULE**

Choice	Day	Time	Dates	Facilitator(s)	Format	Location*
	Any Day	Any Time		Deacon Henry deMena	<b>Traditional ONLINE</b>	Online
	Monday	3:30 PM	2/27 - 4/2	Michele Ciottone	<b>Listen to the Quiet</b>	Rm. 103
	Monday	7:00 PM	2/27 - 4/2	Liz Laverty	<b>Traditional</b>	Rm. 203
	Tuesday	7:30 PM	2/28 - 4/3	Michele DeAngelis	<b>Traditional/WOMEN</b>	RR
	Tuesday	10:30 AM	2/28 - 4/3	Elizabeth Parmiland	<b>Listen to the Quiet</b>	UR
	Tuesday	7:00 PM	2/28 - 4/3	C. Schindler/E. Schuman	<b>Listen to the Quiet</b>	UR
	Tuesday	7:30 PM	2/28 - 4/17	Dick White	<b>Bible Timeline "QUICK Journey"</b> <i>(8 sessions)</i>	Rm. 103
	Tuesday	7:30 PM	2/28 - 4/3	Paul Cocco	<b>Thomas Merton</b>	Rm. 201/YMR
	Wednesday	7:00 PM	2/29 - 4/4	Deacon Al Fanelli	<b>The Basics &amp; Beyond</b>	Rm. 201
	Wednesday	7:30 PM	2/29 - 4/4	Linda Baratte	<b>Women of the Gospel</b>	Rm. 203
	Wednesday	7:30 PM	2/29 - 5/2	Ivette Valori/J. Pankow	<b>Catholicism: Fr. Robert Barron</b> <i>(10 sessions)</i>	YMR
	Thursday	7:15 PM	2/23 - 3/29	Bob Abplanalp	<b>Traditional</b>	RR
	Thursday	7:30 PM	2/23 - 3/29	Paul Cocco	<b>Catholic Social Teaching</b>	UR
	Thursday	7:30 PM	2/23 - 3/29	Concepta Fanelli	<b>Young Adult Faith-Sharing</b>	Rm. 203
	Thursday	7:30 PM	2/23 - 3/29	Mary Jane Abplanalp	<b>The Blessed Mother</b>	CH
	Friday	12:45 PM	2/24 - 3/30	Fr. Jude, OSB	<b>Traditional</b>	RR
	Friday	7:00 PM	2/24 - 3/30	Ivette Valori	<b>Divine Mercy</b>	Rm. 103
	Saturday	9:00 AM	2/25 - 3/24	Deacon Ron Forino	<b>Biblical Walk Through the Mass</b> <i>(5 sessions)</i>	YMR
	Saturday	10:00 AM	2/24 - 3/31	Mike Carrubba	<b>Traditional/MEN</b>	RR

**Please indicate your group preference with an "X" in the box under "Choice" and completing the**

**Name:** \_\_\_\_\_

**Phone No:** \_\_\_\_\_

**Email Address:** \_\_\_\_\_

Please drop off your completed form in the basket at the "Follow Me" table in our Gathering Space.

For more information regarding "Follow Me" please visit our website at [www.ndcarmel.com](http://www.ndcarmel.com), or contact Joanne McHugh at 973-428-1228, or Diane DeAngelis at 973-288-1518.

\* RR (Resource Rm.); UR (Upper Rm.); YMR (Youth Ministry Rm.); CH (Chapel)

## *“Follow Me” 2012 - GROUP FORMATS*

**TRADITIONAL (SUNDAY SCRIPTURE REFLECTION)** – Nourish your sense of Christ’s love for you and make Mass more meaningful by sharing and reflecting on each Sunday’s liturgical readings.

**ONLINE FAITH-SHARING** – The perfect Lenten solution for those who travel, have young children or find it difficult to be at a specific location each week. All you need is access to a computer!

**LISTEN TO THE QUIET** – Through video presentations, silent prayer and contemplative praying of Scripture, we will learn to listen to God with the “ear of our heart.”

**DIVINE MERCY** – Spend time learning and sharing the mercy of God, coming to trust in Jesus, and exploring new ways of living a life of mercy toward others.

**THE BASICS AND BEYOND** – Explore some of the What’s and Why’s of Catholic beliefs and practices, delving into how they are rooted in Catholic teaching and what makes them so meaningful.

**GREAT ADVENTURE: A QUICK JOURNEY THROUGH THE BIBLE** – The insights and wisdom of The Great Adventure Bible Timeline, now in a condensed journey that is ideal for Lent.

**THE BLESSED MOTHER AND OUR LENTEN JOURNEY** – By reflecting on the ways Our Lady can serve as intercessor on our behalf, we will experience the impact of her love, healing and compassion as we journey through Lent with her at our side.

**THOMAS MERTON: BRIDGES TO CONTEMPLATIVE LIVING** – Explore, through the mind and heart of Merton, what St. Paul teaches us: “It is no longer I who live, but Christ who lives in me.” This Lenten journey will help us to more contemplatively embrace this core belief.

**CATHOLIC SOCIAL TEACHING** – Jesus not only taught us how to live according to the will of the Father, He showed us. He walked His talk. Here, we will explore how we spend our time and money, as individuals and as a society, through the lens of Catholic social teaching.

**GOSPEL WOMEN: PATTERNS FOR DISCIPLESHIP, SERVICE AND HOSPITALITY** – How are we, as women and men, challenged to transform ourselves as we meet Jesus this Lent? We’ll explore this, using as examples gospel women who were transformed by their encounter with Jesus.

**CATHOLICISM: FR. ROBERT BARRON** – Journey around the world and deep into the faith through the lens of the culture: art, architecture, music, literature and all the riches of the Catholic tradition. Fr. Robert Barron hosts this DVD-guided journey into the beauty and richness of our faith heritage.

**YOUNG ADULT FAITH-SHARING:** Join us as we explore the spiritual themes of Lent and how these are relevant to both the blessings and challenges of our everyday lives as young adults.

**A BIBLICAL WALK THROUGH THE MASS** – Give yourself the gift of this Lenten journey into the meaning of the prayers, symbols and rituals of Holy Mass, exploring more deeply why it is a constant source of spiritual nourishment and renewal for the Catholic faithful.