



*Notre Dame of Mt. Carmel*  
CEDAR KNOLLS, NJ



# Happening at Notre Dame... January & February, 2012



***Catholics Returning Home*** – An invitation for anyone who may feel disconnected from our Catholic faith and from the Church, or who perhaps may have simply drifted away. Journey back with us into the Lord's loving arms. A six-week series of gatherings **beginning Wednesday, Jan 4, 7:30 PM, in Rm. 201.**

***Parish Appreciation Breakfast*** – All are welcome, **Saturday, Jan 14, anytime between 9 – 11 AM in our Parish Hall.** Our way of thanking you, our parish family for all that you do for us and your spiritual home. Our staff, along with our Social Events Ministry, will prepare, cook and serve a pancake breakfast to you!

***39<sup>th</sup> March for Life*** – Come with us to Washington, DC for this important event, **Monday, Jan 23. We will have a bus leaving our parking lot at approx. 6 AM and returning at approx. 9:30 PM.** Your presence is the best way to draw attention to the untenable legacy of Roe v. Wade, and to persuade our leaders to eradicate it from America's future.

***Men's Cornerstone XII*** – All men are invited to attend this spiritual retreat, to help enrich our relationship with God. Begins **Friday, Jan 27 at 6 PM and ends with Mass at 7:30 PM, Saturday, Jan 28.** Registration forms are available in our Gathering Space and on our website.

***"Holy Lives, Holy Marriages"*** – A special ***Marriage Enrichment Retreat*** facilitated by Seton Hall University's Catholic Center for Family Spirituality. Focuses on lessons from inspiring couples in scripture and throughout history. **Saturday, Feb 11, 9:30 AM – 12 PM, Rm. 201.**

***Renewal of Wedding Vows*** – In celebration of Saint Valentine's Day, we invite married couples to join us on

**Saturday, Feb 11 at our 5 PM Vigil Mass.** Babysitting (at no cost) will be available in our Parish Center, 6:25 PM - 8:30 PM, for those wishing to enjoy a nice dinner out after Mass (*registration required if planning to use babysitting*).

***Family Pasta Dinner*** – An awesome opportunity for all to gather for *great food, fun, fellowship & entertainment!* **Saturday, Feb 18, 6 PM in our Parish Hall.**

***Parish Lenten Retreat*** – We welcome back **Fr. Carl Arico** who will open our Lenten journey with this year's Parish Lenten Retreat, ***"Encounter with Silence - Letting the Lord wash your feet."*** **Monday, Tuesday & Wednesday, Feb 20, 21 & 22, 7:30 PM.**

***Follow Me*** – Consider spending *just one hour each week* for the six weeks of Lent by joining one of a variety of different faith-sharing groups. **All groups start meeting weekly after Ash Wednesday (Feb 22).** Information and registration forms will be available at the table in our Gathering Space and on our website. Make Lent a more spiritually rewarding and meaningful experience.

***Diocesan Penance Initiative*** - As part of the Diocesan ***"Welcome Home to Healing"*** initiative, confessions will be available here at Notre Dame (and at every church in the Diocese) **every Monday evening, Feb 27 – Mar 26, 7 - 8:30 PM.** If you have been reluctant to come to the Sacrament, or have been away for some time, come and experience the gracious mercy of God!

***Lenten Soup Kitchen*** – Join us for soup, bread & fellowship in our Parish Hall, **every Friday during Lent, 5 – 7 PM, beginning Feb 24.** Free will monetary donations are passed on to those less fortunate.

*Over please...*

# Ongoing...

**Adoration** – Come to our Chapel any Friday, between **7 AM and 7 PM** to experience firsthand the power and blessing of visiting Jesus in the Blessed Sacrament.

**Novena** – The Miraculous Medal Novena is a special time to honor Our Lady and ask her to intercede for us with her Son Jesus. Includes music, hymns, Exposition of the Blessed Sacrament, Benediction, and the Novena prayer. **Mondays, 7:30 – 8 PM** in our Chapel. (No gathering on Feb. 20 due to Parish Lenten Retreat).

**Centering Prayer** – Join us for the gift of contemplative prayer, in which we experience God's presence within us, closer than breathing, closer than thinking, closer than consciousness itself. **Tuesdays, 10:30 AM or 7 PM, or the 2<sup>nd</sup> Saturday of each month at 8 AM.** We also lead a **"Listen to the Quiet"** prayer gathering **the last Monday of each month, 3:30-4:30 PM.** All are welcome!

**Quilting** – Help touch someone's life with the gift of a quilt and the prayers and support it brings with it! No experience necessary. **Saturdays, Jan 7 & 21, and Feb 11 & 25, 9:30 AM – 12 Noon.**

**Prayer Shawl** – Share friendship, fellowship and prayer while making shawls and lap blankets that bring comfort and healing prayer to those in need. No experience necessary. **Meets 2<sup>nd</sup> Saturday of each month, 1-3 PM.**

**Healing Prayer** – In need of spiritual, emotional or physical healing? Then you may find the caring, prayerful attention of our Healing Prayer Ministry a source of great comfort. **2<sup>nd</sup> Sunday of the month, 11:30 AM – 12:30 PM** in the Upper Room.

**Men Matter** – We invite the men in our parish and community to find God's grace in everyday living, to learn from each other, but perhaps more importantly, to allow God to show us how He is present in the ordinariness of our daily lives. **3<sup>rd</sup> Saturday of each month, 8:30 AM – 10 AM.**

**Moms & Tots** – A fun-filled musical experience for tots and parents or caregivers, incorporating songs, dancing and storytelling that celebrate love for God, families and friends. **Wednesdays, 9:30 – 10:15 AM, upstairs in our Music Rm.**

**Middle School Youth** – Monthly celebrations that challenge the mind, body, and spirit with interactive games and activities. Join us in the Youth Ministry Rm. for **Movie Night, Sunday, Jan 22, 7-8:30 PM**, and for a **Mardi Gras Party, Sunday, Feb 19, 7-8:30 PM.** (Check our bulletin/website for future gatherings).

**Crossroads/High School Faith Sharing** – High School teens, join us for fellowship, uplifting sharing and scripture studies, with honest, open discussion about the challenges we face as Catholic Christians in the real world. Meets **Thursdays, 7:30-9 PM** in the Youth Ministry Rm.

**Young Adults 59-Minute Gatherings** – Faith and fellowship for those in their 20's & 30's. **Thursdays, 7:30 PM (Sep – Jun).**

**Marriage Enrichment** – Opportunities for married couples to deepen and enhance the presence of Christ in their marriages, and to share friendship & fellowship. **Upcoming: Jan 19, 7:30-9 PM.** (Check our bulletin/website for location).

*Further details about the events listed above (and many others!) may be found in our parish bulletin, on our website at [www.ndcarmel.com](http://www.ndcarmel.com), or by calling our parish office at 973-538-1358, ext. 105.*

**\*\* Please be sure to check for any updates that may have taken place after time of publication. \*\***

***Stay tuned for more events in upcoming months!***

*The programs and events hosted at Notre Dame of Mt. Carmel are brought to our faith community through the gifts, talents, love and dedication of our parish family and our vibrant ministries. We hope one or more of these opportunities will be a blessing to you in your faith journey. Prayerfully consider being a part of a ministry and help bring the love of Christ to those around you. For more information, contact our parish office at 973-538-1358, ext. 105.*